



DISCOVER PREVENTIVE EXCELLENCE

INVESTING TODAY. STRONGER TOMORROW.



MEDICAL PARK



ORTHOPEDIC CHECK-UP

3 NIGHTS | 3755 € PER PERSON

Physical Examination

- A thorough examination to assess your physical condition and help identify potential health risks

Medical History

- Collection of your personal and family health history for a tailored diagnosis

Laboratory Tests

- Bone metabolism markers including Vitamin D
- Inflammation and other metabolic parameters, as well as nutrients

Gait Analysis

- A precise analysis of your walking pattern to detect early signs of misalignment and movement disorders

EMG (Electromyography)

- Measurement of muscle activity for a more accurate diagnosis of muscle problems and nerve disorders

4D Spinal Measurement

- Accurate measurement of spinal alignment for early detection of posture problems and back issues



InBody Body Analysis

- Measures muscle mass, water balance, fat percentage, and more for a holistic picture of your health

Ultrasound Examinations

- Painless and precise to gather information about joints and their muscle and soft tissue conditions

X-Ray Imaging

- Allows a thorough examination of your bones and joints

Uvida Metabolism Measurement

- Analyzes your metabolism to optimize your dietary and lifestyle habits

Bone Density Measurement

- Early detection of osteoporosis

Nutritional Counseling

- Targeted advice to improve your diet, performance, and well-being

Follow-Up Consultation

- A digital post-consultation where we review all results in detail and determine next steps



CARDIOVASCULAR CHECK-UP

3 NIGHTS | 3875 € PER PERSON

Medical History

- We take the time to understand your lifestyle habits such as stress, sleep, diet, and exercise to derive targeted recommendations for your health.

Laboratory Tests

- A comprehensive analysis of your blood profile for the prevention of cardiovascular diseases
- Includes bone marrow substances, Vitamin D, Omega 3 index, and Vitamin B

ECG & Stress ECG

- Tests that show the function of your heart under different conditions

Echocardiography

- Uses sound waves to visualize your heart in real-time and detect potential damage or diseases

Carotid Doppler

- Measures blood flow velocity in the carotid arteries to detect early signs of vessel narrowing



Advanced Diagnostics (Cardio CT/MRI)

- In-depth cardiological examination

Recovery Infusion

- During your check-up, we will support your immune system and reduce oxidative stress through infusions over the 3 days.

Follow-Up Consultation

- A digital meeting to discuss results and provide individual therapy recommendations



Get in touch

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